

Savor Our Friendships with CWA

Savor is such a wonderful word; the basic definition is “to taste (good food or drink) and enjoy it completely”. How do you savor something? Bottom line, you should **slow down** and not hurry. Right now for many of us, things have slowed down a great deal, while for others it has been hectic and crazy. For those of us feeling a bit lonely and like the days crawl by, I will offer you the phrase “Savor Your Friendships”. Spending more time talking on the phone, walking throughout Charbonneau with a friend or two, maybe even sending a card or letter instead of a quick email. Chatting about the daily activities is still fun...I can laugh about the chipmunk I saw in our yard, groan about my large quantity of weeds, chuckle about a TV show or movie, etc. We can all treasure and enjoy our relationships even more by slowing down and noticing what happiness and light come from our friends.

The CWA board realizes that we will not be meeting in large groups soon, so we have shifted gears to come to all of you remotely. Our first official event will be in a webinar format on September 14th with all our current and recent past members invited to join us. You will get to meet the current board, be updated on the plans for the upcoming year, and be entertained musically after the update with entertainment by Roger and Nancy Wilhite, both retired schoolteachers. A pair of “dueling pianists”, they are Oregon’s answer to Ferrante and Teicher. We enjoyed them tremendously at our Holiday Brunch last year, and they have happily agreed to provide musical entertainment for our group.

How to join us on September 14th, the essentials:

- You may join the Zoom meeting by internet using your cell phone, ipad, or computer. Or with audio only from any telephone.
- An email will come to you a few days before the event with a link to click on to join the group
- Before the day of the meeting, please download Zoom to your tablet or phone so you can join us. For those of you who had concerns about hackers or computer safety, please be aware that Zoom has made substantial changes in their security procedures so that you can’t have someone just “drop in”
- If you feel comfortable, you could enjoy coffee or a meal with a couple of friends and watch the meeting together. For members who would like to meet a few other CWA members, host a gathering in your home, or join a group with other members contact Lindy Anderson or Lynda Huber-Marshall for arrangements. The board members will also be hosting small groups (2 to 4 people) in their homes for the webinars starting in October.

This first event is open to all; starting in October the events will be for members only (and if you want to have a guest, have them join you for the presentation):

- Remember that dues are only \$20 this year.
- Dues can be paid by placing your check in an envelope addressed to Lindy Anderson and then putting the sealed envelope in the CCC Drop Box just outside the entrance or by mailing your check directly to Lindy Anderson, 7005 SW Country View Court, West, Wilsonville, OR 97070.

- October's event will be on the second Monday as usual. Mark your calendar for Monday Oct. 12th, which will include an educational presentation

We fully understand that one of the true joys of the CWA events is always seeing your friends and staying connected; we hope that small groups will be joining us for fun and information while having a safe and yummy lunch in a home!